

HARTFORD HOSPITAL FITNESS CENTER

Hartford Hospital's ***Barney Fitness Center*** is available to Capital Area Health Consortium Residents and Fellows if they are working at one of the following institutions:

Hartford Hospital	Institute of Living
Connecticut Children's Medical Center	Hartford Medical Group
Connecticut Health MSO, LLC	Eastern Rehabilitation Network
VNA Healthcare, Inc.	Jefferson House
Cedar Mountain Commons	Physician Services, Inc.
Clinical Lab Partners, LLC	Medical Residents/Interns
Allied Health Students	Retired Employees
Auxiliary Members	Volunteers age 18 or older
Employees of 85 Seymour Street	

Note: Family members or friends are NOT ALLOWED in the facility.

There is no fee to use the gym facilities, as long as you have your Hartford Hospital, CCMC, IOL, etc. badge with you.

The ***Barney Fitness Center*** is located in the Hudson Street garage. The Center offers a variety of equipment, activities and classes to assist you in improving your overall health and wellbeing. The Center is open 24 hours a day 7 days a week. The Center is staffed Monday through Friday from 6:00 a.m. to 7:00 p.m.

Fitness Center Phone:
860-972-3077