




# Fitness Center at Saint Francis

95 Woodland St., 3rd Floor | Hartford, CT 06105 | 860-714-4414 | [www.mandelljcc.org/stfrancis](http://www.mandelljcc.org/stfrancis)  
 Monday-Thursday, 5am-8pm | Friday, 5am-7pm | Saturday, 7am-12pm

The fully re-vamped Mandell JCC Fitness Center at Saint Francis offers the ideal fitness experience! With 9800 square feet, new equipment, daily group exercise classes and personal training, the Fitness Center meets everyone's needs. We have experienced, educated and certified staff who lead each new member through two free appointments, where we work with you on exercise goals and develop a personal program. We are a valuable resource for Saint Francis residents and area students.

### RESIDENT/STUDENT MEMBERSHIP RATES:

**Registration Fee: \$25**

**Monthly Dues: \$20**

### FOR MORE INFORMATION:

**Zac Brazalovich, NASM, Personal Trainer**

**860-714-4414 | [zac@mandelljcc.org](mailto:zac@mandelljcc.org)**

## FREE 3-DAY GUEST PASS



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1st \_\_\_\_\_ 2nd \_\_\_\_\_ 3rd \_\_\_\_\_

Guest Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Guest Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_